



Janice K. Brewer, Governor  
Thomas J. Betlach, Director

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***Our first care is your health care***  
ARIZONA HEALTH CARE COST CONTAINMENT SYSTEM

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February 27, 2014

Wakina Scott  
Project Officer, Division of State Demonstrations, Waivers & Managed Care  
Center for Medicaid, CHIP and Survey & Certification  
Centers for Medicare and Medicaid Services  
Mailstop: S2-01-16  
7500 Security Blvd.  
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Dear Ms. Scott:

In accordance with Special Terms and Conditions paragraph 36, enclosed please find the Quarterly Progress Report for October 1, 2013 through December 31, 2013, which also includes the Quarterly Budget Neutrality Tracking Schedule, the Quarterly Quality Initiative, and Arizona Medicaid Administrative Claiming Random Moment Time Study results.

If you have any questions about the enclosed report, please contact Christopher Vinyard at (602) 417- 4034.

Sincerely,

A handwritten signature in black ink, appearing to read 'Monica Coury', is written over a horizontal line.

Monica Coury  
Assistant Director  
AHCCCS Office of Intergovernmental Relations

Enclosure

cc: Cheryl Young  
Hee Young Ansell  
Susan Ruiz

**AHCCCS Quarterly Report  
October 1, 2013 through December 31, 2013**

**TITLE**

Arizona Health Care Cost Containment System – AHCCCS  
A Statewide Approach to Cost Effective Health Care Financing

Section 1115 Quarterly Report

Demonstration Year: 32

Federal Fiscal Quarter: 1st (October 1, 2013 – December 31, 2013)

**INTRODUCTION**

As written in Special Terms and Conditions, paragraph 36, the State submits quarterly progress reports to CMS. Quarterly reports inform CMS of significant demonstration activity from the time of approval through completion of the Demonstration.

**ENROLLMENT INFORMATION**

Population Groups	Number Enrollees	Number Voluntarily Disenrolled-Current Qtr	Number Involuntarily Disenrolled-Current Qtr
Acute AFDC/SOBRA	1,120,983	1,480	415,971
Acute SSI	171,665	124	17,532
Acute AC/MED	81,553	64	21,861
Family Planning	5,954	2	2,058
LTC DD	26,269	33	1,711
LTC EPD	30,199	33	3,287
Non-Waiver	52,804	449	15,507
<b>TOTAL</b>	<b>1,489,427</b>	<b>2,185</b>	<b>477,927</b>

State Reported Enrollment in the Demonstration (as requested)	Current Enrollees
Title XIX funded State Plan <sup>1</sup>	1,092,418
Title XXI funded State Plan <sup>2</sup>	42,684
Title XIX funded Expansion <sup>3</sup>	0
Title XXI funded Expansion <sup>4</sup>	0
DSH Funded Expansion	
Other Expansion	
Pharmacy Only	
Family Planning Only <sup>5</sup>	0
Enrollment Current as of	1/1/14

**Outreach/Innovative Activities:**

Effective October 1, the new website at [www.healtharizonaplus.gov](http://www.healtharizonaplus.gov) began to accept all applications, including applications for childless adults and for the new expanded categories.

<sup>1</sup> SSI, 1931 Families and Children, 1931 Related, TMA, SOBRA child and pregnant, ALTCS, FTW, QMB, BCCP, SLMB, QI-1

<sup>2</sup> KidsCare

<sup>3</sup> MI/MN

<sup>4</sup> AHCCCS for Parents

<sup>5</sup> Represents point-in-time enrollment as of 12/31/12

HEAplus continues to offer the most accurate, credible, real-time eligibility determinations for public assistance programs such as Medicaid, Cash Assistance and Food Stamps. Although federal online application systems, including Data Service Hubs used by HEAPlus to confirm identity and other information have experienced technical difficulties, HEAplus continues to monitor and upgrade the systems to streamline the eligibility process, resulting in better, faster services to members and the organizations that serve them.

HEAplus looks and feels familiar to current HEA users with new and improved features such as ID proofing to insure personal information is kept safe and secure. Other changes include utilizing state and federal data hubs to confirm information electronically and the option to receive notices and report changes electronically.

**Operational/Policy Developments/Issues:**

Waiver Update

On October 21<sup>st</sup>, CMS approved Arizona’s transition plan to map the coverage populations currently served by Arizona’s 1115 demonstration.

On November 1<sup>st</sup>, the cities of Mesa, Tucson, Casa Grande and Globe proposed to build upon the successful City of Phoenix Access to Care Ordinance provider-assessment funded SNCP model. However, this proposal was denied on November 27<sup>th</sup>.

November 7<sup>th</sup> included the request for an amendment to expand the authority under the City of Phoenix SNCP Demonstration to provide Medicaid and CHIP coverage to additional groups and was approved on November 27<sup>th</sup>.

On December 9<sup>th</sup>, Arizona withdrew its waiver request for continued authority to cover Childless Adults with enhanced federal matching funds due to Governor Brewer signing into law her Medicaid Restoration Plan which covers adults up to 133% of FPL beginning January 1, 2014.

On December 27<sup>th</sup>, 2013, CMS approved Arizona’s 1115 Waiver amendment request that will allow AHCCCS to use SNCP funding for Phoenix Children’s Hospital and continue uncompensated care payments to I.H.S. and 638 facilities, through December 31, 2014.

State Plan Update

During the reporting period, the following State Plan Amendments (SPA) were filed and/or approved:

SPA #	Description	Filed	Approved	Eff. Date
<b>Title XIX</b>				
13-013	MAGI Based Income Methodologies	10/16/13	10/25/13	1/1/14
13-014	Elimination of 25-day In Patient Hospital Limit	12/10/13	1/21/14	10/1/14
13-015	Mandatory MAGI-based Eligibility Groups	12/12/13	Pending	1/1/14

13-016	Recovery Audit Contractors	12/18/13	Pending	1/1/14
13-017A	Inpatient Rates	12/20/13	Pending	10/1/13
13-017B	Outpatient Rates	12/20/13	Pending	10/1/13
13-017C	Reimbursement Rates for Other Providers	12/20/13	Pending	10/1/13
<b>Title XXI</b>				
13-002	Eligibility Processing	10/28/13	Pending	10/1/13
13-003	Income Eligibility for children	12/9/13	12/18/13	1/1/14
13-004	MAGI Eligibility and Methods	12/17/13	Pending	1/1/14

Legislative Update

The Legislature was not in session during this reporting period.

**Consumer Issues:**

In support of the quarterly report to CMS, presented below is a summary of advocacy issues received in the Office of Client Advocacy for the quarter October 2013-December 2013.

Tables summarizing quarter October 2013-December 2013  
Office of Client Advocacy (OCA) issues and their frequency:

Table 1 Advocacy Issues	October	November	December	Total
<b><u>Billing Issues</u></b>	17	54	46	117
• Member reimbursements				
• Unpaid bills				
<b><u>Cost Sharing</u></b>	16	19	24	59
• Co-pays				
• Share of Cost (ALTCS)				
• Premiums (Kids Care, Medicare)				
<b><u>Covered Services</u></b>	18	19	2	39
<b><u>Eligibility Issues by Program</u></b>				
Can't get coverage due to :				
ALTCS	18	11	8	37
• Resources				
• Income				
• Medical				
DES	88	112	147	347
• Income				
• Incorrect determination				
• Improper referrals				
Kids Care	84	227	139	450

<ul style="list-style-type: none"> <li>Income</li> <li>Incorrect determination</li> </ul>				
SSI/Medical Assistance Only	45	41	34	120
<ul style="list-style-type: none"> <li>Income</li> <li>Not categorically linked</li> </ul>				
<b>Information</b>	122	203	148	473
<ul style="list-style-type: none"> <li>Status of application</li> <li>Eligibility Criteria</li> <li>Community Resources</li> <li>Notification (Did not receive or didn't understand)</li> </ul>				
<b>Medicare</b>	13	11	12	36
<ul style="list-style-type: none"> <li>Medicare Coverage</li> <li>Medicare Savings Program</li> <li>Medicare Part D</li> </ul>				
<b>Prescriptions</b>	9	28	25	62
<ul style="list-style-type: none"> <li>Prescription coverage</li> <li>Prescription denial</li> </ul>				
<b>Issues Referred to other Divisions:</b>				
1.Fraud-Referred to Office of Inspector General (OIG)	1	0	1	2
2.Quality of Care-Referred to Division of Health Care Management (DHCM)	3	0	2	5
<ul style="list-style-type: none"> <li>Health Plans/Providers (Caregiver issues, Lack of providers)</li> <li>Services (Equipment, Nursing Homes, Optical and Surgical)</li> </ul>				
<b>Total</b>	434	725	588	1747

Note: Categories of good customer services, bad customer service, documentation, policy, and process are captured under the category it may relate to.

Table 2 Issue Originator	October	November	December	Total
Applicant, Member or Representative	383	678	526	1587
CMS	0	2	3	5
Governor's Office	28	20	25	73
Ombudsmen/Advocates/Other Agencies...	13	20	28	61
Senate & House	10	5	6	21

<b>Total</b>	<b>434</b>	<b>725</b>	<b>588</b>	<b>1747</b>
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Note: Tables 1-2 data fields are obtained from the OCA logs and e-mails sent to MyAHCCCS.com website.

**Quality Assurance/Monitoring Activity:**

Attached is a description of AHCCCS' Quality Assurance/Monitoring Activities during the quarter. The attachment also includes updates on implementation of the AHCCCS Quality Assessment and Performance Improvement Strategy, in accordance with Balanced Budget Act (BBA) requirements.

**Employer Sponsored Insurance Issues:**

AHCCCS received CMS approval on October 2<sup>nd</sup>, 2008, to implement the ESI program. AHCCCS implemented the program on December 1<sup>st</sup>, 2008 and began sending out information to families with children approved for KidsCare who have access to employer sponsored health insurance. As of September 30<sup>th</sup>, 2013, there were zero (0) families enrolled in the ESI program and waiver authority for the ESI program ended December 31<sup>st</sup>, 2013.

**Family Planning Extension Program (FPEP):**

Due to system updates, this information is forthcoming.

**Innovative Activities:**

On October 19<sup>th</sup>, 2013 Health-e-Arizona and www.myahcccs.com was replaced with Step 1 of the Phase I implementation of Health-e-Arizona Plus (HEAplus). HEAplus is an online eligibility tool developed for use by the public, community partners and state workers for Medicaid, SNAP and TANF which interfaces with the Federally Facilitated Marketplace (FFM).

Step 1: Implemented HEAplus for consumers and consumer assisters on October 19<sup>th</sup>, 2013. Exercise new policies and processes for MAGI, Medicaid Expansion and Account transfers to the FFM.

Step 2: Converted ACE data into HEAplus in November, 2013. AHCCCS staff began using the HEAplus system.

Step 3: DES staff began their first incremental use of the HEAplus system in December 2013 to finalize applications that were pended for additional information. HEAplus is completely rolled out for Phase I when all DES staff are using the system for Medicaid, SNAP and TANF.

There were 260,745 total HEAplus applications submitted during the reporting period.

**Enclosures/Attachments:**

Attached you will find the Budget Neutrality Tracking Schedule and the Quality Assurance/Monitoring Activities, including the CRS update for the quarter. Beginning during the October- December, 2010 quarter, AHCCCS will submit quarterly summary reports for the

Arizona Medicaid Administrative Claiming (MAC) Random Moment Time Study (RMTS) results as part of the ongoing quarterly reporting by AHCCCS to CMS.

**State Contact(s):**

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**Date Submitted to CMS:**

February 27, 2014



Arizona Health Care Cost Containment System

Attachment II to the  
*SECTION 1115 QUARTERLY REPORT*

*QUALITY ASSURANCE/MONITORING ACTIVITY*

**Demonstration/Quarter Reporting Period**

Demonstration Year: 32

Federal Fiscal Quarter: 1/2014 (10/13-12/13)



## INTRODUCTION

This report describes the Arizona Health Care Cost Containment System (AHCCS) quality assurance/monitoring activities that took place during the quarter, as required in STC 37 of the State's Section 1115 Waiver. This report also includes updates related to AHCCCS's Quality Assessment and Performance Improvement Strategy, in accordance with Balanced Budget Act (BBA) requirements.

The AHCCCS Division of Health Care Management (DHCM) is responsible for directly overseeing the quality of health care services provided to its members enrolled with managed care organizations, including services received from the Arizona Department of Health Services (ADHS) through benefit carve outs. DHCM is also responsible for the administrative and financial functions of the contracted health plans (Contractors). DHCM, in conjunction with other AHCCCS Divisions, sister agencies, and community partners, continually focuses on the provision of "comprehensive, quality health care for those in need", as delineated in the Agency mission.

The following sections provide an update on the State's progress and activities under each of the components of the 1115 Waiver and AHCCCS Quality Strategy.

### **Facilitating Stakeholder Input**

The success of AHCCCS can be attributed, in part, to concentrated efforts by the Agency to foster partnerships with its sister agencies, contracted managed care organizations (Contractors), providers, and the community. During the quarter, AHCCCS continued these ongoing collaborations to improve the delivery of health care and related services to Medicaid recipients and KidsCare members, including those with special health care needs, and to facilitate networking to address common issues and solve problems. Feedback from sister agencies, providers and community organizations is included in the Agency's process for identifying priority areas for quality improvement and the development of new initiatives.

#### *Collaborative Stakeholder Involvement Highlights*

During the quarter, AHCCCS participated in several collaborative efforts related to many different quality components. These opportunities are discussed in detail below, along with the benefits of each:

- Group:* **Arizona Perinatal Trust**  
*Topic:* Initiative Planning and Collaborative Partnerships  
*Stakeholders:* Representatives from AHCCCS, Arizona Department of Health Services (ADHS), high risk Obstetricians and the Arizona Perinatal Trust

*Benefits:*

The Arizona Perinatal Trust (APT) oversees voluntary certification of hospitals for the appropriate level of perinatal care according to established guidelines, and conducts site visits for initial certification and recertification. Since AHCCCS covers approximately half the births in Arizona, the site reviews give the Agency a better look at the hospitals that provide care, from normal labor and delivery to neonatal intensive care. The current areas of focus for APT include elective C-Sections and inductions prior to 39 weeks gestation, infant and parental immunizations

(pertussis), and promoting coordination of care with the Medicaid Contractors. AHCCCS participated in the 2013 Arizona Perinatal Trust Perinatal Conference, providing an AHCCCS update for attendees related to Maternal and Child Health aspects including; addition of children and adult core measures, lead efforts and policy reviews.

2. *Group:* **South Phoenix Healthy Start**  
*Topic:* Reducing infant mortality  
*Stakeholders:* Representatives from AHCCCS, Arizona Department of Health Services (ADHS), Arizona Department of Public Health, Community Social Service agencies.  
  
*Benefits:* The South Phoenix Healthy Start Consortium aims to connect organizations and to educate members on current programs and initiatives occurring in the community. Additionally, it provides networking opportunities to allow for better collaborative efforts between agencies.
  
3. *Group:* **Arizona and Maricopa County Asthma Coalitions**  
*Topic:* Support optimal health outcomes for members with asthma  
*Stakeholders:* Representatives from AHCCCS, Arizona Department of Health Services (ADHS) and Department of Economic Security, Community agencies and organizations and health care groups  
  
*Benefits:* AHCCCS participates in regular meetings of these coalitions to identify and provide to Contractors quality improvement resources that can be used to support optimal health outcomes among members with asthma and other respiratory diseases. This month is the annual fund raiser, Support the Coalition in our only fund raiser this year. It's easy to make a pledge to "Birdies for Charity." This is the program connected to the 2014 Waste Management Phoenix Open Golf tournament. Additionally, the coalition is participating with Maricopa County Air Quality Department in the Clean Air Campaign to reduce fine particulate pollution during the Christmas and New Year's Holidays. During this quarter the 2013 Asthma Clinical Conference was held. The all day conference included topics related to special populations, office and clinical practices and school nurses.

In addition to the three groups highlighted above, there were many other collaborative stakeholder processes during the quarter. Community and sister agencies that AHCCCS collaborated with during the quarter include:

- *Arizona Department of Health Services (ADHS) Bureau of Tobacco and Chronic Disease* - In collaboration with ADHS, AHCCCS continued monitoring the utilization of and access to smoking cessation drugs and nicotine replacement therapy program. AHCCCS Members are being encouraged to participate in ADHS' Tobacco Education and Prevention Program (TEPP) smoking cessation support programs such as the "ASHLine" and/or counseling, in addition to seeking assistance from their Primary Care Physician.

During this quarter, AHCCCS received CMS approval on a funding methodology seeking to provide financial support to the ASHLine as allowed under the Affordable Care Act.

- *Arizona Department of Health Services' Bureau of USDA Nutrition Programs* - AHCCCS works with the ADHS Bureau of USDA Nutrition Programs for many initiatives ranging from Contractor education to WIC promotion. During this quarter a presentation was given to all AHCCCS Contractors by ADHS regarding all upcoming changes to the WIC program during an AHCCCS Contractor quarterly meeting.
- *Arizona Department of Health Services Immunization Program* - Ongoing collaboration with the Arizona Department of Health Services (ADHS) helps ensure efficient and effective administration and oversight of the federal Vaccines for Children (VFC) Program. VFC Program representatives provide education to Contractors, regular notifications to AHCCCS regarding vaccine-related trends and issues, and updates regarding the Arizona State Immunization Information System (ASIIS). ASIIS staff also provides monthly data sharing regarding AHCCCS members receiving immunizations and ongoing collaboration regarding Stage 1 and Stage 2 Meaningful Use public health requirements.
- *Arizona Department of Health Services Office of Environmental Health (ADHS)* - AHCCCS and several Contractors participate in the Arizona Childhood Lead Poisoning Elimination Coalition to develop strategies to increase testing of children who are enrolled in AHCCCS or who live in areas with the highest risk of lead poisoning due to the prevalence of older housing, industries that use/produce lead, and the use of lead-containing pottery or folk medicines. During this quarter AHCCCS worked with ADHS on updating the state's blood lead testing plan that supports a targeted lead screening and testing program for the Medicaid program. AHCCCS worked with ADHS and the Arizona Chapter of the Academy of Pediatrics to submit a proposal to CMS which would allow the Agency to implement a targeted approach to lead screening based on data obtained and analyzed by the ADHS.
- *Arizona Early Intervention Program* - The Arizona Early Intervention Program (AZEIP), Arizona's IDEA Part C program, is administered by the Department of Economic Security (DES). Maternal and Child Health (MCH) staff in the CQM unit works with AZEIP to facilitate early intervention services for children under three years of age who are enrolled with AHCCCS Contractors. These services are closely monitored to ensure timely access and availability of services to members. During this quarter a pamphlet was developed by the Interagency Coordinating Committee (ICC) and Family Leaders to support families to understand Team Based Early Intervention Services, learn about DES Required trainings, the work of the Central Referral and more. A meeting for AHCCCS MCH Coordinators and AZEIP Intervention Providers has been scheduled for the month of January in continuing efforts to strengthen the relationships between AZEIP Early Intervention Programs and AHCCCS MCH Coordinators, at which time the new referral form will be unveiled.
- *Arizona Head Start Association* - The Arizona Head Start and Early Head Start programs provide education, development, health, nutrition, and family support services to qualifying families. AHCCCS meets with the Head Start leadership at least quarterly to

discuss enrollment and coordination of care barriers and successes. Arizona Head Start grantees; City of Phoenix, Maricopa County, Chicanos por la Causa and Southwest Human Development continue hosting community meetings on a quarterly basis. The meetings are attended by families participating with the Head Start program and AHCCCS EPSDT Coordinators.

- *Fetal Alcohol Spectrum Disorder Task Force* – The Fetal Alcohol Spectrum Disorder Task Force is comprised of representatives from various agencies. The Task Force works towards increasing awareness and addressing concerns in the community regarding fetal alcohol spectrum disorders.
- *Arizona Medical Association and the Arizona Chapter of the American Academy of Pediatrics* - AHCCCS collaborates with the Arizona Medical Association (ArMA) and the Arizona Chapter of the American Academy of Pediatrics (AAP) in a number of ways from development and review of assessment tools to data sharing and support of system enhancements for providers, such as the EHR Incentive Program. During this quarter AHCCCS also focused discussions on payment reform opportunities, medical home initiatives, fluoride varnish application by primary care providers, dental homes, changes in performance measures, a comprehensive review of AHCCCS' EPSDT forms to ensure standard of care for children, updates to the AHCCCS EPSDT policy, developmental screening updates and AHCCCS initiatives related to 39 week gestation.
- *The Arizona Partnership for Immunization (TAPI)* - CQM staff attended TAPI Steering Committee meetings and subcommittee meetings for community awareness, provider issues and adult immunizations. TAPI regularly communicates immunization trends and best practices with AHCCCS and its Contractors. During this quarter the Provider Awareness committee, and the Adult and Community Awareness committees are both working with ongoing projects, i.e., updating the TAPI website with the most current information for providers, parents and the community at large. In addition to the website, the handouts are also being updated with new color and formats. The topics are vaccinations. Presenters at the TAPI meetings bring new and updated information on the current status of disease and vaccination.
- *Arizona Perinatal Trust* - The Arizona Perinatal Trust (APT) oversees voluntary certification of hospitals for the appropriate level of perinatal care according to established guidelines, and conducts site visits for initial certification and recertification. Since AHCCCS covers approximately half the births in Arizona, the site reviews give the Agency a better look at the hospitals that provide care, from normal labor and delivery to neonatal intensive care. The current areas of focus for APT include elective C-Sections and inductions prior to 39 weeks gestation, infant and parental immunizations (pertussis), and promoting coordination of care with the Medicaid Contractors. AHCCCS participated in the 2013 Arizona Perinatal Trust Perinatal Conference, providing an AHCCCS update for attendees related to Maternal and Child Health aspects.
- *Arizona Dementia Coalition* - This partnership is specifically related to reducing the use of antipsychotics for dementia patients who receive care in nursing facilities. The group discusses barriers and interventions and to date has approximately 50 nursing facilities

across the state signed up to participate in this work. AHCCCS and its Contractors provide aggregate de-identified data related to this initiative and work with stakeholders to develop effective interventions.

- *Healthy Mothers, Healthy Babies - The Healthy Mothers, Healthy Babies Maricopa County Coalition* is focused on improving maternal child health outcomes in the Maryvale Community. AHCCCS supports the Coalition through assisting in educating communities about AHCCCS-covered services for women and children and the initiation of prenatal care.
- *South Phoenix Healthy Start Community Consortium* – The South Phoenix Healthy Start Consortium aims to connect organizations and to educate members on current programs and initiatives occurring in the community. Additionally, it provides networking opportunities to allow for better collaborative efforts between agencies.
- *Arizona Health-E Connection/Arizona Regional Extension Center* - Arizona Health-E Connection (AzHeC) is a public-private community agency geared towards promotion of and provider support for electronic health record integration into the healthcare system. AzHeC is a key partner with AHCCCS in promoting the use of health information technology (HIT) as well as Arizona's health information exchange (HIE). As a subset of AzHeC, the Arizona Regional Extension Center (REC) provides technical assistance and support to Medicare and Medicaid eligible professionals who are working to adopt, implement or upgrade (AIU) an electronic health record (EHR) in their practice and/or achieve Meaningful Use in order to receive monetary payments through state (Medicaid) and national (Medicare) EHR Incentive Programs. The long term goal is to be able to use this technology for quality improvement purposes and to improve outcomes for AHCCCS members.
- *Health Information Network of Arizona (HINAz)* - The Health Information Network of Arizona (HINAz) is responsible for building the state's largest electronic health information exchange (HIE) site. HINAz partners with a multitude of community partners and stakeholders, including AHCCCS, in order to make the HIE a successful reality. To date, approximately 20 health systems have signed agreements with HINAz to share health information in the HIE. Partners include one of the state's largest hospital systems – Banner Health, SureScripts, and SonoraQuest Laboratories as well as many other regional providers.
- *Arizona American Indian Oral Health Coalition* – The Coalition's focus is to promote oral health care and oral health education to American Indians both on and off the reservations. The Coalition is preparing for the Statewide Executive Oral Health meeting to be held on Thursday February 13, 2014 at the Arizona Dental Association. This meeting will serve as the "Kick Off" for the incoming Statewide Executive Committee and will serve the purpose of establishing a foundation of leadership that will take Arizona to the next level while unifying oral health champions in 2014. It is an exciting time for the coalition and there is much to be proud of and even more to be accomplished through our collaborative efforts.
- *Strong Families Workgroup* – The Strong Families Workgroup is responsible for developing and implementing a Statewide Plan for home visiting programs in Arizona. AHCCCS members benefit from home visiting programs when identification and referrals occur from AHCCCS Contractors. AHCCCS continues to be a strong referral source to the home

visiting programs with the anticipated results of improved birth outcomes for mothers and babies.

- *Arizona Diabetes Steering Committee* – The Diabetes Steering Committee is responsible for increasing adherence to evidence based guidelines, guiding efforts to improve state policy and implementing the Chronic Disease Self-Management Program to improve quality of life and health outcomes for Arizona citizens diagnosed with diabetes. AHCCCS is a member of the Steering Committee as well as the Diabetes Coalition and works to align Medicaid policy with statewide efforts.
- *ADHS Rule Stakeholder groups* -- The Arizona Department of Health Services (ADHS) Licensing Services recognize the interconnectivity of an individual's physical health and behavioral health and the importance to assist and promote whole body healthcare for all Arizonans.” As part of this process the rule packet for all medical licensing and behavioral health facilities were opened for revision about 18 months ago. The rules initially would be open until July, 2013. ADHS received an extension until April, 2014 for Long Term Care and Assisted Living rule packages to incorporate rules related to the integration of physical and behavioral health. The main emphasis of this rule packet was to align physical health and behavioral health services to reflect the current integration of health care in Arizona. AHCCCS has been an active participant in this process attending all the stakeholder group meetings as well as meeting individually with ADHS leadership to convey Medicaid’s position on key elements. It is anticipated that the Medical and the Behavioral Health Rule sets may also be re-opened to additional changes through April 2014.
- *Injury Prevention Advisory Counsel* - Arizona's injury statistics exceed the national average. In response, the Arizona Department of Health Services (ADHS) entered into a cooperative agreement with the Centers for Disease Control (CDC) in September 2000 to develop a systematic injury surveillance and control process. ADHS formed an internal work group with representatives from the divisions of Public Health Services, Assurance and Licensure Services, and Behavioral Health Services. An AHCCCS representative also participates in this Counsel in order to provide opportunities to implement change and interventions in the Medicaid program to prevent injuries. The work group, with input from leaders in the field of injury control met to develop the Arizona Injury Surveillance and Prevention Plan, 2002-2005, 2006-2010, and 2012-2016. Along with development of the plan, the Injury Prevention Advisory Council provides recommendations to ADHS on injury priorities, reviews progress in implementation, assists in problem solving, participates in revision and evaluation of the plan, and acts as a liaison between external agencies and ADHS.
- *Arizona Newborn Screening Advisory Committee* - The Newborn Screening Advisory Committee is established to provide recommendations and advice to the Arizona Department of Health Services regarding tests that should be included in the Newborn Screening panel. The committee recommended the 29 disorders, including hearing loss, of the core panel of the Uniform Screening Panel from the HHS Secretary's Advisory Committee on Heritable Disorders in Newborns and Children. Any recommendation of a test to be added to the panel must be accompanied by a cost-benefit analysis. The

committee is chaired by the Director of the Department of Health Services and meets at least annually. The Director appoints the members of the committee to include: seven physicians representing the medical specialties of endocrinology, pediatrics, neonatology, family practice, otology and obstetrics; a neonatal nurse practitioner; an audiologist; a representative of an agency that provides services under part C of the Individuals with Disabilities Education Act; at least one parent of a child with a hearing loss or a congenital disorder; a representative from the insurance industry familiar with health care reimbursement issues; the Director of the Arizona Health Care Cost Containment System (AHCCCS) or the director's designee; and a representative of the hospital or health care industry. The Advisory Committee is currently reviewing adding up to three additional tests to the newborn screening panel including CCHD and SCID.

- *Behavioral Health Children's Executive Committee (ACEC)* – In 2002, the child-serving agencies of Arizona signed a Memorandum of Understanding (MOU) calling for the formation of the Arizona Children's Executive Committee (ACEC). The signers of the MOU include; the Arizona Department of Health Services, the Arizona Department of Economic Security, the Arizona Health Care Cost Containment System, the Arizona Department of Juvenile Corrections, the Arizona Department of Education, and the Administration of the Courts. ACEC brings together multiple state and government agencies, community advocacy organizations, and family members of children/youth with behavioral health needs to collectively ensure that behavioral health services are being provided to children and families according to the Arizona Vision and 12 Principles. ACEC strives to create and implement a successful system of behavioral health care in Arizona by serving as a state-level link for local, county, tribal and regional teams. ACEC includes four sub-committees comprised of committee participants, family members and other representatives from state agencies, behavioral health authorities and family-run organizations including Family Involvement, Clinical/Substance Abuse, Training, and Information Sharing.
- *Arizona Medical Association, Maternal and Child Health Subcommittee (ArMA MCHC)* - The ArMA Maternal and Child Health Care (MCHC) Committee meets three times annually at ArMA Headquarters. Comprised of physicians and health care professionals, this committee discusses medical issues related to women and children's health in our state. The committee is intended to be the arena in which ArMA's maternal and child health professionals have the opportunity to champion issues that need attention and evoke positive changes for physicians and their patients. Additionally, the Committee serves as a forum and meeting point for state entities such as AHCCCS, ASIIS, and various offices at ADHS. The AHCCCS Quality Administrator is a member of the Committee and brings information and program updates to the Committee for discussion.
- *Arizona Chapter of the American Academy of Pediatrics* – The Arizona Chapter of the American Academy of Pediatrics (AzaAAP) was initially founded to play a vital role in child-oriented public health initiatives. AzaAAP's membership boasts more than 900 pediatric and allied health professionals supporting and championing key child health programs, services and issues from all regions of the state. Efforts include early childhood literacy, fighting childhood obesity, ensuring that all Arizona children are immunized against infectious diseases, and guaranteeing that Arizona's children have the best health care available to them by providing the highest quality of continuing education to the

professionals who care for them. AHCCCS works closely with the AzAAP seeking stakeholder input regarding its EPSDT program. The AzAAP has been a consistent partner with AHCCCS in developing and implementing developmental screening tools and guidelines, fluoride varnish in primary care offices, ensuring the AHCCCS EPSDT policies and forms reflect best practices and current recommendations and in communicating the needs of children that are served in the Arizona communities.

- *First Things First Health Advisory Committee* - A child's most important developmental years are those leading up to kindergarten. First Things First is committed to helping Arizona kids five and younger receive the quality education, healthcare and family support they need to arrive at school healthy and ready to succeed. The purpose of the First Things First Health Advisory Committee is to provide health content expertise and to make recommendations to the First Things First Board Policy and Program Committee regarding children's healthy development. AHCCCS serves on this committee for the purpose of aligning children's health care initiatives, identifying opportunities for AHCCCS to inform other represented organizations regarding AHCCCS covered services, policies and procedures, and to ensure best practices promoted by First Things First are incorporated when possible into AHCCCS program requirements.
- *BUILD Arizona Health Committee* - The BUILD Arizona Steering Committee is comprised of both public and private sector early childhood leaders. Representatives are from government agencies, business, the child care community and higher education. The steering committee also includes five workgroups, Communications, Early Learning, Professional Development, Health and Early Grade Success. These workgroups include an even broader range of state, community and early childhood leaders in Arizona. Arizona is one of the newest BUILD Initiative partner states. The BUILD Arizona Steering Committee and workgroups are creating work plans focused on supporting early grade success. Their overall goal is to reframe early care and education from birth to age eight (0-8) as a critical component of the overall education system and policy framework. AHCCCS is a member of the Health Committee and has provided information and updates on the comprehensive nature of the AHCCCS EPSDT program. AHCCCS' values align with BUILD's goal of supporting expanded access to comprehensive screening and services to include social, emotional, physical and cognitive assessments for children. A current focus of BUILD is on the Public Health home visitation initiatives.
- *Inter-Agency Leadership Team (IALT)* – The Strong Families Interagency Leadership Team (IALT) was established as a result of the MIECHV grant, which ensures high-risk families have access to home visitation services in Arizona. The IALT is composed of various stakeholders in the community and some of the represented agencies include the Department of Economic Security, Department of Education, Department of Health Services and the Arizona Health Care Cost Containment System (AHCCCS). The purpose of the leadership team is to discuss strategy for building a statewide home visiting system. Additionally, this team oversees the implementation of the MIECHV grant and any decisions that need to be made regarding home visitation practices. The role of AHCCCS is to provide input and support around the implementation efforts of a home visiting system in our state. AHCCCS attends these meetings monthly and also shares home visiting updates with AHCCCS Contractors.



## **Developing and Implementing Projects which Improve the Health Care Delivery System**

The beginning of this quarter brought about new changes within the delivery of health care services.

### *Serious Mentally Illness (SMI) Integration*

AHCCCS sought and received, from CMS, approval to amend the state's current waiver. This amendment allows for the integration of physical and behavioral health services for a select population by requiring the Arizona Department of Health Services/Division of Behavioral Health Services (ADHS/DBHS) to serve as the only managed care plan for both acute and behavioral health conditions for AHCCCS acute care enrollees with Serious Mental Illness (SMI) in Maricopa County.

This request also sought to at least maintain alignment for Medicare/Medicaid enrollees (formerly referenced as "dual eligible") with SMI who are currently enrolled in acute care health plans that are also Special needs Plans (SNPs) by requiring the ADHS/DBHS subcontractor to become a Medicare Dual Special Needs Plan (D-SNP) and passively enrolling those Medicare/Medicaid enrollees into the D-SNP. This change allows the state to: improve care coordination and health outcomes for individuals with SMI in Maricopa County, increase the ability for ADHS/DBHS to collect and analyze data to better assess the health needs of their members, streamline the current fragmented health care delivery system, reduce cost by decreasing hospital utilizations and promote sharing of information between physical and behavioral health providers to work as a team and manage treatment designed to address an individual's whole health needs. AHCCCS and ADHS/DBHS are moving forward with implementation of the SMI Integrated RBHA with an effective date of April 1, 2014.

### *Children's Rehabilitative Services (CRS) Integration*

AHCCCS sought and received, from CMS, approval to amend the state's current waiver. This amendment allows for the state to create one single, statewide integrated CRS MCO that will serve as the only managed care plan for acute care and KidsCare enrollees with a CRS qualifying condition. The CRS MCO will manage acute, behavioral health and CRS conditions for AHCCCS acute care and KidsCare enrollees with a CRS diagnosis.

This change allows the state to; improve care coordination for children with special needs, increase ability of the integrated CRS MCO to collect and analyze data to better assess the health needs of their members, streamline the current fragmented health care delivery system, improve health outcomes and promote sharing of information between CRS, acute and behavioral health providers.

### *Agency with Choice*

On January 1, 2013, AHCCCS implemented and instituted a new member-directed option, the Agency with Choice member-directed option. The option is available to ALTCS members who reside in their own home. A member or the member's Individual Representative (IR) may choose to participate in the Agency with Choice option. Under the option, the provider agency and the member/IR enter into a formal partnership agreement. The provider agency serves as the legal employer of the Direct Care Worker and the member/IR serves as the day-to-day managing employer. Agency with Choice presents an opportunity for members interested in directing their

own care who would also like the support offered by a provider agency. For provider agencies, the new option affords them an opportunity to support members in directing their own care.

During CYE 2012, AHCCCS worked in collaboration with a Development and Implementation Council comprised of ALTCS members, providers, community stakeholders and contractors. The Council's primary function was to provide input on programmatic changes AHCCCS needed to make in order to implement the new Agency with Choice member-directed option, including policy and form changes. The Council meets on a regular basis.

In CYE 2013, the primary focus was on supporting contractors to educate members/IRs about all the available service model options including member-directed options. In CYE 2014, AHCCCS will prioritize activities to monitor the progress and quality of the initiative in collaboration with the stakeholders and Contractors. The following are examples of monitoring activities that will be undertaken.

- Develop and implement a case manager refresher training to ensure case managers are able to support members/IRs to make informed choices about electing member-directed options. Additionally, developing tools to educate case managers on how to assess whether or not the member/IR is fulfilling their respective roles and responsibilities and whether or not additional support is required.
- Develop and implement a provider assessment tool that helps providers and Contractors assess whether or not a provider agency is fulfilling its respective roles and responsibilities and whether or not additional technical assistance is required.
- Development of performance indicators for Contractors

#### *Direct Care Workforce Development*

Significant activities continue regarding the growing challenges related to ensuring the establishment of an adequate direct care (caregiver) workforce. The foundation for current activities began in March of 2004 when former Governor Napolitano formed the Citizens' Workgroup on the Long Term Care Workforce. The purpose of the Workgroup was to study the issue of the direct care workforce and provide recommendations regarding potential strategies to improve the workforce.

In an effort to address the recommendations outlined in a report issued by the Workgroup in April 2005, AHCCCS, the Department of Economic Security and the Department of Health Services funded and created a Direct Care Workforce Specialist position in 2007 to provide coordination for direct care workforce initiatives, including recruitment and retention, training, and raising the qualifications of direct care professionals in Arizona. Since 2007, the Workforce Specialist has coordinated the activity of the Direct Care Workforce Committee (DCWC), which has established training and competency standards for all in-home caregivers (housekeeping, personal care and attendant care).

Beginning October 1, 2012, AHCCCS formally incorporated the competency standards, training curriculum and testing protocol into its service specifications for attendant care, personal care and housekeeping. All in-home care givers are now required to pass standardized examinations based

upon the competency standards established by the Committee in order to provide care to ALTCS members in their homes.

In CYE 2013, AHCCCS and Contractors initiated audits of the Approved Direct Care Worker Training and Testing Programs to ensure the programs were in compliance with AHCCCS standards pertaining to the training and testing of Direct Care Workers. Additionally, AHCCCS developed and implemented an online database to serve as a tool to support the portability or transferability of Direct Care Worker testing records from one employer to another employer. The online database also serves a secondary purpose to assist in monitoring compliance with the AHCCCS Direct Care Worker training and testing initiative. Conversely, AHCCCS is working internally with the Office of Clinical Quality Management to identify quality of care measures that may be utilized to assess the impact of the new competency and training standards on the quality of care received by members including measures pertaining to member satisfaction, hospitalization re-admittance (in-patient, emergency room visits, etc.) and incident reports.

#### *Targeted Lead Screening Policy*

The Arizona Department of Health Services (ADHS) has developed a Targeted Screening Policy based on geographic testing for children who are at higher risk of lead poisoning, which is based on a three-pronged approach that takes into account high risk zip codes, Arizona Health Care Cost Containment System (AHCCCS) enrollment, and individual risk assessment. While ADHS has implemented targeted screening since 2003, the policy included universal screening for all children covered by AHCCCS in accordance with the CMS requirements. This policy has recently been revised through a collaborative effort between ADHS and AHCCCS to reflect the support of CMS as issued in an Information Bulletin (released March 30, 2012) recommending a targeted screening approach for children eligible for and enrolled in Medicaid Early Periodic Screening, Diagnostic and Treatment (EPSDT) services for States where less than 12 percent of children have lead poisoning and where 27 percent or fewer of houses were built before 1950. Arizona is a State meeting such requirements. While ADHS remains committed to preventing new cases of childhood lead poisoning from occurring, a combined effort with AHCCCS mandating member outreach and education related to the risks and prevention of lead poisoning in children will support such efforts currently under way.

#### *Arizona Association of Health Plans (AzAHP)*

The Arizona Association of Health Plans (AzAHP) is an Association comprised of most health plans that contract with AHCCCS for Medicaid business. The Association led an effort, with the support of AHCCCS in selecting a credential verification organization (CVO) that would be utilized by all AHCCCS Contractors. The purpose of moving this initiative forward was to reduce the burden of submission of applications, documents and attestations on providers that are contracted with multiple Medicaid health plans. The credentialing process for primary source verification was implemented in the first quarter of this fiscal year. This process has reduced inefficiencies with different Contractors credentialing the same panel of physicians. AHCCCS has asked the Association to further expand these efforts to include behavioral health credentialing and tracking of provider training in developmental screening tools and primary care physician application of fluoride varnish. Discussions with the Association are also under way to determine if a similar process could be used for medical record review processes of primary care providers, obstetricians, dental providers and high volume specialists (50 or more Medicaid cases

in a year). The Association anticipates conducting a review of the CVO as well as the results of the process after a year of full implementation to determine the accuracy of the process, efficiencies gained and any resulting cost savings.

## **Developing and Assessing the Quality and Appropriateness of Care/Services for Members**

### *Identifying Priority Areas for Improvement*

AHCCCS has established an objective, systematic process for identifying priority areas for improvement. This process involves a review of data from both internal and external sources, while also taking into account such factors as the prevalence of a particular condition and population affected, the resources required by both AHCCCS and Contractors to conduct studies and effect improvement, and whether the areas currently are priorities of CMS or state leadership and/or can be combined with existing initiatives. Of importance is whether initiatives focused on the topic area are actionable and would result in quality improvement, member satisfaction and system efficiencies. Contractor input also is sought in prioritizing areas for improvement.

During the quarter two initiatives continued for specific Contractor involvement and improvement: increasing oral health participation for the EPSDT population and prenatal care. Both topics are being promoted through AHCCCS/Contractor collaborative workgroups, with external stakeholders also being invited to participate.

- CMS Oral Health Initiative – Based on the CMS directives of improving preventive care by 10 percent and increasing dental sealants on permanent molars of 6-9 year olds by 10 percent, AHCCCS formed a collaborative workgroup to drive these improvements across the state. All AHCCCS Contractors have agreed to share data and implement interventions relevant to this initiative; many Contractors also joined the workgroup that is driving the intensive planning efforts related to these directives.
- AHCCCS Prenatal Workgroup- Focus is on improving timeliness of prenatal care and conversations have also focused around encouraging Contractors to look at reducing elective deliveries prior to 39 weeks gestation. All acute-care contractors have representatives participating in this group, which is aimed to increase good birth outcomes and enhance data related to pregnancies and deliveries. Additionally, this group will discuss best practices for driving birth outcomes, reducing early elective C-sections and inductions, and increasing postpartum follow-up care.

Contractors are also participating in a mini study to evaluate early, elective deliveries. Contractors have submitted data collection tools and AHCCCS is in the process of reviewing the data. This will help AHCCCS better understand provider practices and delivery trends in Arizona.

### *Requested Grant Funding Opportunities*

The Testing Experience and Functional Tools in Community-Based Long-Term Services and Supports (TEFT) planning grant involves four main components. First, AHCCCS has identified two CB-LTSS program sub-groups, the elderly/physically disabled and the developmentally disabled populations to participate in the experience survey. Secondly, we will investigate the use of the tool to create a systemic way to measure functional status within the CB-LTSS population across

members residing in multiple residential placements. The grant also includes taking a coordinated approach to integrating the personal health record initiative with the existing agency health information strategy. Lastly, AHCCCS plans to work with CMS and the consultants to develop and test relevant standards for e-LTSS records. If awarded the work plan will serve as the strategic and implantation plan for the “Arizona Initiative for Improving the Member Experience (AIIME).

#### *Home and Community Based Monitoring Tool*

AHCCCS requires Long Term Care Contractors (ALTCS) to develop and implement a collaborative process to coordinate the routine quality monitoring and oversight of nursing home and certain home and community based providers such as assisted living and group home providers. Many of these providers contract with more than one AHCCCS Long Term Care Contractor. By coordinating the monitoring and review processes there is a reduction in the burden to the providers for the on-site visits. In addition, Contractors have developed a uniform tool for the review activities which has resulted in consistencies in the review and in the findings. AHCCCS worked in partnership with the ALTCS Contractors to develop the alternative residential audit tool which includes review standards for resident’s rights, medical records, service/care plan, advanced directives, medication administration, staff and physical plant. Testing of this tool began this quarter. AHCCCS and its ALTCS Contractors will review the effectiveness of the tool and will revise as needed. Full implementation is expected within the third quarter of the fiscal year. This collaborative effort resulted in standardized oversight processes of facilities, reduction in provider burden, and increased efficiency among the Contractors.

#### *Establishing Realistic Outcome-Based Performance Measures*

AHCCCS has developed new performance measures sets for all lines of business. The new measures and related Minimum Performance Standards/Goals became effective on October 1, 2013 which aligns with the start of the new five-year contract period for Acute-Care plans and the newly integrated Children’s Rehabilitative Services (CRS) and Seriously Mentally Ill (SMI) plans. The AHCCCS decision to transition to a new measure set was partially driven by a desire to align with measures sets such as the CHIPRA Core Measure Set, the Adult Core Measure Set, Meaningful Use, and others measure sets being implemented by CMS.

It is AHCCCS’ goal to continue to develop and implement additional Core measures as the data sources become valid and reliable. Initial measures were chosen based on a number of criteria, which include greatest need for members, system ability to impact/improve results, alignment with national measure sets, and comparability across lines of business.

#### *Identifying, Collecting and Assessing Relevant Data*

##### Performance Measures:

AHCCCS has implemented several efforts over the past two years in preparation for the transition. First and foremost, the Agency undertook extensive internal planning efforts, including evaluation of new requirements, future goals and desired capabilities, as well as barrier identification and associated risk. One risk that was identified was the possibility that the information system and data analytic staff resources were reduced which would not allow the level of review and validation of performance measure programming necessary to ensure the validity and accuracy of Performance Measures. To address this concern, the Agency utilized its External Quality Review Organization to

perform the measurement calculations for the CYE 12 measurement period. AHCCCS has finalizing the contract with an external vendor to support future performance measurements. Optum, the selected vendor has the capability and willingness to work with AHCCCS in developing and implementing current and future quality, utilization and access to care measures implemented by CMS.

Contractors have been provided the data to enhance their planning and implementation efforts related to the new performance measures as well as the sustaining/improving continuing measures. Some of these efforts will include new work groups, new reporting mechanisms, increased opportunities for technical assistance, a more transparent reporting process with plans for proactive reporting prior to the end of the measurement period so that Contractors can make necessary adjustments/final pushes and payment reform initiatives that align with performance measure thresholds.

AHCCCS requires Contractors to participate in technical assistance for all performance measures that fall below the performance standard. During this year technical assistance will take a more intense and comprehensive approach. This approach will include an in depth look at several aspects such as:

- all responsibilities of staff involved in all aspects of performance measures and quality improvement
- detailed description of coordination with other internal and external departments
- description and documentation of methods used to develop each intervention for measures which fell below the standard including needs assessments, hypotheses, and identified barriers
- documentation will be provided for best practices identified and/or documentation supporting new interventions

**Acute-Care Performance Measures  
Measurement Period 10/01/11-09/30/12**

<b>Measures</b>	<b>CYE 12 Performance (10/01/11-09/30/12)</b>	<b>CYE 11 Performance (10/01/10-09/30/11)</b>	<b>Relative Percent Change From Previous Year</b>	<b>Statistical Significance</b>
Access to PCPs:				
12-24 months	97.0%	96.8%	0.2%	0.163
25 mo. - 6 years	87.7%	86.9%	0.8%	<0.001
7-11 years	89.9%	89.3%	6.9%	<0.001
12-19 years	87.7%	87.2%	3.9%	0.002
Well Child Visits, 6+ by 15 mo.	67.8%	70.2%	-3.4%	<0.001
Well Child Visits, 3-6 years	66.8%	64.5%	3.5%	<0.001
Adolescent Well Visits	38.0%	35.2%	8.0%	<0.001
Dental Visits (Ages 2 to 21)	61.8%	62.9%	-1.7%	<0.001

EPSDT Participation	65.7%	63.6%	-4.1%	<0.001
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**KidsCare Performance Measures**  
**Measurement Period 10/01/11-09/30/12**

Measures	CYE 12 Performance (10/01/11-09/30/12)	CYE 11 Performance (10/01/10-09/30/11)	Relative Percent Change From Previous Year	Statistical Significance
Access to PCPs:				
12-24 months	100%	100%	0.0%	1.000
25 mo. - 6 years	93.9%	93.4%	0.6%	<b>0.527</b>
7-11 years	95.9%	95.3%	0.6%	<b>0.205</b>
12-19 years	94.0%	93.8%	0.3%	<b>0.553</b>
Well Child Visits, 6+ by 15 mo.	N/A	N/A	N/A	N/A
Well Child Visits, 3-6 years	76.6%	72.7%	5.4%	<b>0.025</b>
Adolescent Well Visits	55.1%	50.6%	8.2%	<b>&lt;0.001</b>
Dental Visits (Ages 2 to 21)	77.9%	78.1%	-0.3%	<b>0.644</b>
EPSDT Participation	77.3%	63.9%	20.9%	<b>&lt;0.001</b>

AHCCCS has long been a leader in developing, implementing and holding Contractors accountable to performance measure goals. AHCCCS developed and implemented HEDIS-like measures, before HEDIS existed. AHCCCS' consistency in performance expectations has resulted in many performance measures performing at a rate close to the NCQA HEDIS national Medicaid mean. For AHCCCS, the HEDIS-like measures have been a reasonable indicator of health care accessibility, availability and quality. Going forward, AHCCCS has made the decision to transition to measures found in the CMS measures sets that provide a better opportunity to shift the system towards indicators of health care outcomes, access to care, and patient satisfaction. This transition will also result in the ability to compare AHCCCS' rates with those of other states as the measure sets are implemented.

The health care system is evolving in relation to measuring quality. It is in a transitional phase in that what has existed as data sources and methodologies will no longer be enough. Yet, the systems, data sources and processes to fully achieve the next level in clinical outcomes and satisfaction measures are not yet fully developed or implemented such as electronic health records, health information exchange data and information that will be available through public health connectivity. Transitioning the AHCCCS measure sets is anticipated to support the adoption of electronic health records and use of the health information exchange which will, in turn, result in efficiencies and data/information that will transform care practices, improve

individual patient outcomes and population health management, improve patient satisfaction with the care experience, increase efficiencies and reduce health care costs.

AHCCCS recognized the opportunity to develop and implement the CMS core and proposed measure sets. The implementation of ICD-10, 5010 as well as the timing of the Request for Proposal for the Acute-care line of business further established a prime opportunity to implement the performance measure change process.

In order to meet the technological demands of transitioning to a new performance measure set, AHCCCS made the decision to identify and contract with a vendor that is capable and interested in partnering to develop and implement measures from the CMS Core and other measures sets in addition to maintaining the traditional HEDIS measures. Although there are several vendors qualified to develop the required measures AHCCCS sought a vendor that was interested in partnering to develop, maintain and continue to these activities with national decisions on measure sets for Medicaid. AHCCCS has signed a contract with Optum/Lewin Group as the program's vendor for maintaining and calculating the AHCCCS Performance Measure results.

#### Performance Improvement Projects:

##### *Providing Incentives for Excellence and Imposing Sanctions for Poor Performance*

AHCCCS regularly monitors Contractors to ensure compliance with contractually-mandated performance measures. Contracts outline Minimum Performance Standards (MPS) that the Contractor must meet and Goals that the Contractor should strive to achieve. Those measures are evaluated to determine what regulatory actions should be taken. At a minimum, measures that fail to meet the MPS will require a Corrective Action Plan. Additional actions could include mandatory technical assistance, Notices to Cure, and financial sanctions.

For FFY14, AHCCCS has implemented a payment reform initiative (PRI) for the Acute Care population that is designed to encourage Contractor activity in the area of quality improvement, particularly those initiatives that are conducive to improved health outcomes and cost savings, and those related to child and adolescent health. This PRI process will be performed annually on a contract year basis.

A competitive approach is utilized whereby Contractor scores on six quality measures established by the AHCCCS Clinical Quality Management Department are used to redistribute a 1% capitation withhold pool based on Contractor's ranking on the selected measures.

Also, a minimum of 5 percent of the value of total payments under all contracts executed with health care providers must be governed by shared-savings arrangements for the measurement year in order for a Contractor to qualify for a withhold distribution payment.

##### *PIPs*

AHCCCS has a number of Performance Improvement Projects under way with Contractors, which are designed to improve enrollee health outcomes and/or satisfaction. Recent activity related to data collection and analysis for these projects includes:

- **Coordination of Care (Acute Contractors and ADHS Division of Behavioral Health Services):** The purpose of this Performance Improvement Project is to improve coordination



of care provided to AHCCCS members who are receiving both medical and behavioral health services through the exchange of opiate and benzodiazepine prescribing and other clinical information between medical and behavioral health providers, in order to reduce morbidity and/or mortality among these members. A coordination of care work group, consisting of AHCCCS, ADHS Division of Behavioral Health Services (DBHS), Acute care Contractors and Regional Behavioral Health Authorities (RBHA, contracted with DBHS to provide behavioral health services) meet regularly to develop best practices. During the quarter, the work group met to develop and agree on a prescriber introduction letter and a prescriber notification of coordination of care issues. The work group also Confirmed dose risk stratifications and began discussions on outreach and advocacy.

AHCCCS completed an analysis of the data from the baseline measurement period for this PIP. Overall, of the members included in this PIP, 8.6 percent of members were admitted into an acute inpatient setting and 30.2 percent of members had an Emergency Department visit during the measurement period. Both admissions and ED visits must have had a primary or secondary diagnosis of chronic pain, substance abuse, anxiety, and/or depression. Lastly 0.13 percent of members died accidentally, 0.05 percent died from suicide and 0.05 percent died from reasons unknown during the measurement period. AHCCCS has provided baseline data from this study to all Contractors, who will further analyze their data and identify interventions to decrease their rates of ED visits and admissions as well as the deaths of their members.

Through this PIP, all Contractors are expected to decrease the number of members visiting and being admitted into the ED as well reducing the number of deaths related medication issues. A Contractor will show improvement when:

- It meets or exceeds the next highest threshold above its baseline rate
- It narrows the gap between its baseline rate and the next highest threshold by at least 10 percent, or
- It maintains a rate above the highest threshold, if its baseline rate already exceeds that level.

This quarter began the second re-measurement year. A data analysis is expected for re-measurement in the fall of 2014.

- **All Cause Readmissions** – The purpose of this Performance Improvement Project (PIP) is to decrease the rate of inpatient readmissions among AHCCCS members within 30 days of a previous discharge, in order to improve quality of life, promote patient-centered care, and reduce unnecessary health care utilization and costs. During the previous quarter, AHCCCS completed an analysis of the data from the baseline measurement period for this PIP. This PIP includes all AHCCCS lines of business; Acute, Long Term Care and KidsCare. Overall, of the members included in this PIP 14.84 percent of members were readmitted into an inpatient setting following a discharge within 30 days. AHCCCS has provided baseline data from this study to all Contractors, who will further analyze their data and identify interventions to decrease their rates of readmissions.

Through this PIP, all Contractors are expected to decrease the number of members being readmitted into an inpatient setting within 30 days of a previous discharge. A Contractor will show improvement when:

- It meets or exceeds the next highest threshold above its baseline rate
  - It narrows the gap between its baseline rate and the next highest threshold by at least 10 percent, or
  - It maintains a rate above the highest threshold, if its baseline rate already exceeds that level.
- 
- E-Prescribing - The purposes of this Performance Improvement Project (PIP) is to increase the number of prescribers electronically prescribing at least one prescription and increase the percentage of prescriptions which are submitted electronically, in order to improve patient safety. AHCCCS is currently working on the methodology for this PIP and expects it to be complete within the next quarter. The baseline measurement period for this PIP will be CYE 2014.

### *Sharing Best Practices*

AHCCCS makes a point to acknowledge best practices (and worst practices) and share those practices with other Contractors when appropriate. In addition, AHCCCS regularly reviews national projects and interventions that could potentially be replicated in Arizona in order to drive quality improvement. AHCCCS also participates in many learning collaboratives with other states and CMS, which allows for gathering and sharing of best practices. Examples of these collaborations include:

- CMS Data Analytics in conjunction with other states and Mathematica
- Regional, All-State, and Community of Practice calls and webinars related to implementation and oversight of Meaningful Use
- OTAG calls with CMS
- QTAG calls with CMS
- CMS Oral Health Technical Assistance Calls
- CHCS Oral Health Learning Collaborative

### **Including Medical Quality Assessment and Performance Improvement Requirements in AHCCCS Contracts**

Contracts with health plans are reviewed to ensure that they include all federally required elements prior to renewal. As noted above, revisions were incorporated into contracts to continue incentivizing improvement in performance.

### **Regular Monitoring and Evaluating of Contractor Compliance and Performance**

AHCCCS monitors and evaluates access to care, organizational structure and operations, clinical and non-clinical quality measurement and performance improvement outcomes through the following methods.

- *On-site Operational Reviews* - Operational and Financial Reviews (ORs) are used by AHCCCS to evaluate Contractor compliance related to access/availability and quality of

services, including implementation of policies and procedures and progress toward plans of correction to improve quality of care and service for members. An OR for two Contractors were completed during this quarter, with remaining Contractor ORs schedule throughout CYE 2014; however, planning began for Readiness Assessments following the award of the Acute-CRS RFP. The Readiness Assessment is similar in nature to the OR process in ensuring that Contractors can effectively meet the requirements set forth in contract.

- *Review and analysis of periodic report* - A number of contract deliverables are used to monitor and evaluate Contractor compliance and performance. AHCCCS reviews, provides feedback and approves these reports as appropriate.
  - Quarterly EPSDT and Adult Monitoring Reports - AHCCCS requires Acute and ALTCS Contractors to submit quarterly EPSDT and Adult Monitoring Reports demonstrating their efforts to sustain or improve annual performance rates for all contractually mandated performance measure as well as their efforts to inform families/caregivers and providers of EPSDT/Adult services. AHCCCS has developed a template for Contractors to report data on member and provider outreach, as well as Contractor rates for various EPSDT services. The template prompts Contractors to evaluate the effectiveness of activities, including care coordination, follow up and new or revised interventions to improve quality and access to care. These reports were received and reviewed during the quarter. CQM staff responded to Contractors with requests for clarification or additional information. It should be noted that similar templates have been developed for all lines of business including the CRS and SMI populations in order to ensure that members are receiving timely and appropriate care. A new template was developed and approved, which incorporates all the new Core measures for all lines of business. AHCCCS expects utilization of the new template in the upcoming quarter by Contractors.
  - Annual Plans; QM/QI, EPSDT and Dental – AHCCCS requires all lines of business to submit an annual plan which address details of the Contractors methods for achieve optimal outcomes for their members. A separate report is submitted for Quality Management and Improvement (QM/QI).
- *Review and analysis of program-specific Performance Measures and Performance Improvement Projects* - AHCCCS considers a Performance Improvement Project (PIP) as a planned process of data gathering, evaluation, and analysis to determine interventions or activities that are anticipated to have a positive outcome. PIPs are designed to improve the quality of care and service delivery and usually last at least four years. While Contractors may select and implement their own PIPs to address problems specific to their plans, AHCCCS mandates other program-wide PIPs in which Contractors must participate, and monitors performance until each Contractor meet requirements for demonstrable and sustained improvement.

Another method by which AHCCCS monitors the quality and appropriateness of care provided to members is through Performance Measures. Contractors submit encounter data to AHCCCS, which measures each plan's performance and evaluates its compliance in meeting contractual performance standards for specific health care services. Under their

contracts with AHCCCS, Contractors are required to improve their rates for Performance Measures and achieve specific goals for each. AHCCCS requires corrective action plans from Contractors that do not meet the Minimum Performance Standard, or that show a statistically significant decline in their rates. Contractors also could face significant financial sanctions if they do not improve performance to a level that meets or exceeds the minimum standard.

- *External Quality Reviews* - During the quarter, AHCCCS announced the opening of an Request for Proposal (RFP). AHCCCS expects to review submissions and select a vendor within the next quarter. The successful Offeror(s)' contracts are anticipated to begin April 1, 2014.

### **Maintaining an Information System that Supports Initial and Ongoing Operations**

The AHCCCS Data Decision Support (ADDS) system provides greater flexibility and timeliness in monitoring a broad spectrum of data, including information that supports ongoing operations and review of quality management and performance improvement activities. Enhancements have been made to the ADDS function that generates Performance Measure data. The system is used to support performance monitoring, as well as provide data through specific queries to guide new quality initiatives. In addition, AHCCCS has an ongoing process of reviewing and updating its programming for collecting and analyzing Performance Measures according to HEDIS-like specifications through the ADDS data warehouse. Measures are validated against historical data, as well as individual recipient and service records in PMMIS, to ensure accuracy and reliability of data.

As mentioned in previous quarters, AHCCCS has conducted a Request for Information (RFI) related to electronic systems that can accommodate both national measures such as HEDIS and Core Measure sets as well as “home-grown” measures that AHCCCS determined to be beneficial to the populations served. AHCCCS has been negotiating a contract with a vendor to assist in meeting the performance measure requirements, and upon completion will begin planning and implementation processes.

### **Reviewing, Revising and Beginning New Projects in Any Given Area of the Quality Strategy**

Review and revision of the components of the Quality Strategy is an ongoing process for AHCCCS. The Quality Strategy is aligned with federal Medicaid Managed Care requirements, including the CMS toolkit, and links to other significant documents, including annual External Quality Review reports, the AHCCCS Five Year Strategic Plan, AHCCCS E-Health Initiative, managed care contracts and other Agency reports. The Quality Strategy was last revised in July 2012 and received approval from the State Medicaid Advisory Committee in October 2012. During this quarter AHCCCS continues the processes of updating the Quality Strategy. A cross-functional team representing all Divisions of AHCCCS was developed to review and revise the strategy and meetings have been held to discuss the progress of the report. A draft report is expected next month, with a completed approval date within the next quarter.

In addition to the above activities, AHCCCS is currently working with one of the External Quality Review Organizations to conduct CAHPS surveys for the Acute-care, KidsCare, CRS and SMI populations. Results are expected to be received by the end of the year. Results will be shared with Contractors as well as Agency stakeholders.

Arizona Health Care Cost Containment System (AHCCCS)  
Quarterly Random Moment Time Study Report  
October 2013 – December 2013

The October through December 2013 quarter for the Medicaid School Based Claiming (MSBC) program Random Moment Time Study (RMTS) was completed successfully with the administrative, direct service, and personal care time study cost pools.

***Active Participants***

The “*Medicaid Administrative Claiming Program Guide*” mandates that all school district employees identified by the district’s RMTS coordinator as being qualified to provide direct services or administrative activities participate in a RMTS. Staff rosters are updated by RMTS coordinators on a quarterly basis to ensure accuracy of participants in the time study. The table below shows the number of participants in the administrative, direct service, and personal care time study staff pools at the beginning of the quarter.

Staff Pool	October – December 2013
Administrative	3,430
Direct Service	3,020
Personal Care	4,153

The table below demonstrates the administrative, direct service, and personal care time study achieved the 85% return rate in the October to December 2013 quarter.

The number of moments generated in the personal care cost pool was reduced from 4,000 to 3,500 moments effective with the October to December 2013 time study quarter due to the cost pool consistently meeting 85% return rate in previous quarters.

The return rate reflects number of responses received divided by the total number of moments generated per quarter.

***Return Rate***

Cost Pool	Moments Generated	Valid Response	Return Rate
Administrative	3,200	3,061	95.66%
Direct Service	3,400	3,210	94.41%
Personal Care	3,500	3,138	89.66%

**Arizona Health Care Cost Containment System  
 Medicaid Section 1115 Demonstration Number 11-W00275/9  
 Budget Neutrality Tracking Report  
 For the Period Ended December 31, 2013**

I. CALCULATION OF BUDGET NEUTRALITY LIMIT BY DEMONSTRATION YEAR (WITHOUT WAIVER CEILING FEDERAL SHARE)

WAIVER PERIOD OCTOBER 1, 2011 THROUGH SEPTEMBER 30, 2016:

	FFY 2012 PM/PM	Trend Rate	DY 01 PM/PM	Effective FMAP	Federal Share PM/PM	Member Months				Total	Federal Share Budget Neutrality Limit
						QE 12/11	QE 3/12	QE 6/12	QE 9/12		FFY 2012
AFDC/SOBRA	556.34	1.052	585.28	69.87%	408.92	2,933,073	2,920,915	2,914,928	2,939,840	11,708,756	\$ 4,787,926,374
SSI	835.29	1.06	885.41	69.10%	611.84	486,623	487,693	487,342	489,645	1,951,303	1,193,888,182
AC <sup>1</sup>			553.92	69.80%	386.64	527,675	431,291	365,841	311,185	1,635,992	632,537,042
ALTCS-DD	4643.75	1.06	4922.38	67.38%	3316.52	72,537	73,176	73,988	74,845	294,546	976,867,750
ALTCS-EPD	4503.21	1.052	4737.37	67.51%	3198.11	85,422	85,463	85,686	86,464	343,035	1,097,063,671
Family Plan Ext <sup>1</sup>		1.058	17.04	90.00%	15.33	12,471	12,424	12,440	12,692	50,027	767,009.00
											\$ 8,689,050,028
											103,890,985
											\$ 8,792,941,013
											MAP Subtotal
											Add DSH Allotment
											Total BN Limit

	DY 02 PM/PM					Member Months				Total	
						QE 12/12	QE 3/13	QE 6/13	QE 9/13		
AFDC/SOBRA		615.71	68.63%	422.54	2,912,528	2,892,486	2,904,487	2,920,242	11,629,743	\$ 4,914,063,661	
SSI		938.53	67.76%	635.91	492,291	494,107	495,905	497,869	1,980,172	1,259,209,293	
AC <sup>1</sup>		549.24	68.83%	378.07	275,826	249,700	229,193	218,464	973,183	367,928,721	
ALTCS-DD		5217.72	65.79%	3432.95	75,666	76,503	77,321	78,061	307,551	1,055,806,341	
ALTCS-EPD		4983.71	65.98%	3288.15	86,781	86,014	86,230	86,956	345,981	1,137,638,550	
Family Plan Ext <sup>1</sup>		18.32	90.00%	16.49	13,107	13,834	14,212	14,959	56,112	925,249.00	
										\$ 8,735,571,815	
										106,384,369	
										\$ 8,841,956,184	
											MAP Subtotal
											Add DSH Allotment
											Total BN Limit

	DY 03 PM/PM					Member Months				Total	
						QE 12/13	QE 3/14	QE 6/14	QE 9/14		
AFDC/SOBRA		647.73	69.38%	449.40	2,884,517				2,884,517	\$ 1,296,304,792	
SSI		994.84	68.74%	683.90	498,870				498,870	341,176,179	
AC <sup>1</sup>		529.51	69.44%	367.71	208,093				208,093	76,518,170	
ALTCS-DD		5530.78	67.30%	3722.43	78,548				78,548	292,389,765	
ALTCS-EPD		5242.86	67.39%	3533.32	86,339				86,339	305,063,730	
Family Plan Ext <sup>1</sup>		14.98	90.00%	13.48	15,366				15,366	207,155.00	
										\$ 2,311,659,791	
										107,980,135	
										\$ 2,419,639,926	
											MAP Subtotal
											Add DSH Allotment
											Total BN Limit

	DY 04 PM/PM					Member Months				Total	
						QE 12/14	QE 3/15	QE 6/15	QE 9/15		
AFDC/SOBRA		681.41								\$ -	-
SSI		1054.53								-	-
AC		0.00								-	-
ALTCS-DD		5862.63								-	-
ALTCS-EPD		5515.49								-	-
Family Plan Ext		15.85								-	-
										\$ -	-
										-	-
										\$ -	-
											MAP Subtotal
											Add DSH Allotment
											Total BN Limit

	DY 05 PM/PM					Member Months				Total	
						QE 12/15	QE 3/16	QE 6/16	QE 9/16		
AFDC/SOBRA		716.85								\$ -	-
SSI		1117.81								-	-
AC		0.00								-	-
ALTCS-DD		6214.39								-	-
ALTCS-EPD		5802.30								-	-
Family Plan Ext		16.77								-	-
										\$ -	-
										-	-
										\$ -	-
											MAP Subtotal
											Add DSH Allotment
											Total BN Limit

<sup>1</sup> Pursuant to the CMS 1115 Waiver, Special Term and Condition 63(a)(iii), the Without Waiver PMPM is adjusted to equal the With Waiver PMPM for the AC and Family Planning Extension Program eligibility groups.

Based on CMS-64 certification date of 1/30/2014